

Autumn/ Winter  
24/25

## WEEK ONE



4.11.2024  
25.11.2024  
16.12.2024  
20.1.2025  
10.2.2025  
10.3.2025  
31.3.2025

### MONDAY


Planet Friendly Day

Option one	Fresh-Baked French bread Cheese & Tomato Pizza slices with new potatoes (V) 
Option two	Tomato & vegetable pasta (VE) 
Vegetables	Vegetables of the Day (VE)
Dessert	Yogurt and fruit station (V)


### TUESDAY

Plant Burger (VE) or Beef Burger, both served in a bun with Potato Wedges (VE) 
Vegetables of the Day (VE)
Fruit Jelly with Mandarins (VE) 

### WEDNESDAY

Cheese & tomato quiche (V) 
Roast chicken
Both served with Stuffing Roast or Mashed Potatoes & Gravy (V)
Vegetables of the Day (VE)
Fruit Medley (VE) 

### THURSDAY

Chickpea chat aloo with Rice (VE)  
Chinese Chicken curry with Rice 
Vegetables of the Day (VE)
Peach crumble & custard (V) 


### FRIDAY

5 Bean Chilli & Jacket potato (VE) 
Battered Fish & chips
Vegetables of the Day (VE)
Oaty Cookie (VE)  



## WEEK TWO

11.11.2024  
2.12.2024  
6.1.2025  
27.1.2025  
24.2.2025  
17.3.2025

Option one	Chinese Noodles (V)
Option two	Mediterranean Gratin & new potatoes (VE) 
Vegetables	Vegetables of the Day (VE)
Dessert	Yogurt and fruit station (V)

Autumn Butterbean Risotto (VE) 
Chicken Jollof rice
Vegetables of the Day (VE)
Apple Crumble with Custard (V) 



BBQ Quorn (VE) or BBQ chicken with Seasoned Potatoes and Salads (V) 
Vegetables of the Day (VE)
Fruit medley (VE) 

Shepherdess pie (VE)  
Shepherds Pie 
Vegetables of the Day (VE)
Chocolate Brownie (V)



Vegetable stack & wedges (V)
Salmon Fishfingers with chips
Vegetables of the Day (VE)
Cinnamon cookie (VE) 

## WEEK THREE

18.11.2024  
9.12.2024  
13.1.2025  
3.2.2025  
3.3.2025  
24.3.2025

Option one	Creamy Mac & Cheese (V) 
Option two	Vegetable pasta bake (VE)  
Vegetables	Vegetables of the Day (VE)
Dessert	Yogurt and fruit station (V)







Vegetable Fajitas with Rice (VE)  
Chilli Con Carne with Rice  
Vegetables of the Day (VE)
<b>NEW</b> Chocolate & Mandarin sponge with custard (V)

Vegetable Wellington with roast or mashed potatoes (VE) 
Herby Roast chicken with roast or Mashed Potatoes
Vegetables of the Day (VE)
Fruit Medley (VE) 

Glamorgan sausages with Mashed potato & Gravy (V)
Chicken sausages with mashed potato & Gravy
Vegetables of the Day (VE)
Peach Upside down cake with Custard (V)

Spanish omelette with new potatoes (V)
Battered fish and chips
Vegetables of the Day (VE)
Vanilla shortbread (VE) 

### MENU KEY

 Added Plant Power  Wholemeal  Planet-Friendly and Vegan  Chef's Special  Vegan (VE)  (V) Vegetarian

**Available Daily: Freshly cooked jacket potatoes with a choice of fillings (V, VE) (where advertised) - Bread freshly baked on site daily (VE) - Daily salad selection (V, VE) - Fresh Fruit (VE) and Yoghurt (V) is available daily - Milk (V)**

### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

**caterlink**  
feeding the imagination

Autumn/ Winter  
24/25



## WEEK ONE

### MONDAY



Planet Friendly Day

Option one	Fresh-Baked French bread Cheese & Tomato Pizza slices with new potatoes ( V115) 
Option two	Tomato & vegetable pasta (V302) 
Vegetables	Vegetables of the Day
Dessert	Yogurt <b>D103</b> and fruit station




### TUESDAY

Beef Burger or plant burger in a bun with Potato Wedges (V236/B5) <b>SD17 SD6</b> 
Vegetables of the Day
Fruit Jelly with Mandarins(D235) 



### WEDNESDAY

Cheese & tomato quiche (V49) 
Roast chicken(C5)
Both served with <b>SD40 SD82 SD1 SD118</b> Stuffing Roast or Mashed Potatoes & Gravy
Vegetables of the Day
Fruit Medley(D224) 

### THURSDAY



Chickpea chat aloo with Rice (V62) <b>SD84</b>  
Chinese Chicken curry with Rice(C46) <b>SD84</b>
Vegetables of the Day
Peach crumble & custard (D238) <b>D2</b> 



### FRIDAY



5 Bean Chilli & Jacket potato (V239) <b>SD55</b> 
Battered Fish & chips (F3) <b>SD5</b>
Vegetables of the Day
Oaty Cookie (D85) 

## WEEK TWO

Option one	Chinese Noodles(V215)
Option two	Mediterranean Gratin & new potatoes (V193) <b>SD2</b> 
Vegetables	Vegetables of the Day
Dessert	Yogurt <b>D103</b> and fruit station



Autumn Butterbean Risotto ( V133) 
Chicken Jollof rice (C84)
Vegetables of the Day
Apple Crumble with Custard (D242) <b>D2</b> 

<b>V311</b> BBQ Quorn or <b>QB14</b> BBQ chicken , with <b>QB16</b> Seasoned Potatoes and Salads 
Vegetables of the Day
Fruit medley (d224) 


Shepherdess pie (V241) 
Shepherds Pie (L8) 
Vegetables of the Day
Chocolate Brownie <b>D249</b>

Vegetable stack & wedges (V250) <b>SD6</b>
Salmon Fishfingers <b>F1</b> with chips <b>SD5</b>
Vegetables of the Day
Cinnamon cookie (D84) 

## WEEK THREE

Option one	Creamy Mac & Cheese (V11) 
Option two	Vegetable pasta bake (v73) 
Vegetables	Vegetables of the Day
Dessert	Yogurt <b>D103</b> and fruit station







Vegetable Fajitas with Rice (V308) <b>SD84</b> 
Chilli Con Carne with Rice (B49) <b>SD84</b> 
Vegetables of the Day
<b>NEW</b> Chocolate & Mandarin sponge with custard (D178) <b>D2</b>

Vegetable Wellington with roast or mashed potatoes (V232) <b>SD82 SD1</b> 
Herby Roast chicken with roast or Mashed Potatoes (C39) <b>SD82 SD1</b>
Vegetables of the Day
Fruit Medley (D224) 

Glamorgan sausages with Mashed potato & Gravy (V125) <b>SD1 SD118</b>
Chicken sausages with mashed potato & Gravy (C6) <b>SD1 SD118</b>
Vegetables of the Day
Peach Upside down cake with Custard(D176) <b>D2</b>

Spanish omelette with new potatoes (V9) <b>SD2</b>
Battered fish and chips (F3) <b>SD5</b>
Vegetables of the Day
Vanilla shortbread (D57) 

### MENU KEY

 Added Plant Power  Wholemeal  Planet-Friendly and Vegan  Chef's Special  Vegan (VE)  (V) Vegetarian

Available Daily: Freshly cooked jacket potatoes with a choice of fillings (V, VE) (where advertised) - Bread freshly baked on site daily (VE) - Daily salad selection (V, VE) - Fresh Fruit (VE) and Yoghurt (V) is available daily - Milk (V)

### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.